

Did you know the average US family spends \$1,600 a year on items that are considered eligible medical expenses?

With a healthcare FSA or HRA or an HSA, there are hundreds of eligible expenses to use your account.

- Acne Treatment
- Allergy Medicine
- Blood Pressure Monitoring
- Breast Pump
- Contact Lenses
- Copayments (Medical and Prescription)
- Deductible
- Dental Cleaning
- Durable Medical Equipment (walkers, crutches, and more)
- Eye Exams
- Feminine Care Items
- Fertility Treatment
- Flu Shot or Vaccines

- Glasses Prescription
- Hearing Aids
- Heart Rate Monitors
- Heating Pads
- Insulin and Diabetic Supplies
- loint braces
- Lab Services
- Laser Eye Surgery
- Orthodontics braces, retainers, etc.
- Over-the-counter (OTC) treatments
- Pain Medications
- Sunscreen
- And More

Curious about other items and whether they're covered? Use our searchable list. Just filter by your account type and look up everything from acid reducers to x-rays! (Hint: those are both eligible expenses)

mychoiceaccounts.com/participants/fsa-hra-eligible-expense

